



CRUISE COMPASS

INDEPENDENCE OF THE SEAS

DAY 4

Thursday, June 29, 2023
At Sea

Relax At Sea

Today is a day at sea and we hope you had a good night's sleep, because with everything you can do onboard, you're going to need it.

TRENDING TODAY

Champagne Art Auction

You haven't lived until you've experienced a Live Art Auction. Join us for champagne, a free gift, and 90 minutes of fun you'll never forget.
Noon (Registration) & 12:30 pm (Auction), Star Lounge, Deck 5

SURF + STREAM At Sea

Enjoy VOOM Powered by Starlink – even on a sea day! SURF + STREAM your favorite movies, TV shows and music as well as video chat. Connect to “Wi-Fi-Guest-Independence” and go to login.com to get started.

HELPFUL TIPS FOR TODAY

Take a Towel and Dive into Adventure

With your SeaPass card, you can check out as many towels needed after each new adventure. Make sure to bring your towel back when you're done! A \$25 replacement fee will be charged to your SeaPass card for each unreturned towel.

Play Smart. Swim Smart. Stay Safe.

Make a splash at the pool – but keep safety top of mind, too. Although lifeguards are on duty, adult supervision is still required for children ages 12 and under at all times on the pool deck.

Beat the Rush

Avoid lining up to settle your SeaPass account. Register your credit card on the Royal Caribbean App or at Guest Services on Deck 5 – no check-out will be required.

Dress Code: Caribbean Theme Night

Yeah Mon, we want to jam it with you tonight! The vibe is Caribbean casual, so be sure to wear tropical prints, pastel colors, linen shirts, Bermuda shorts, and sun dresses. Get ready to party in paradise.



Complimentary Ladies Pamper Party

Complimentary ladies' pamper party today. All who attend will enjoy free collagen skin treatment, eye zone puffiness and dark circle treatment, neck and bust treatment and a 5-minute makeover. Plus exclusive discounts!
1:00 pm, Vitality Fitness, Deck 11



Play More, Win A Free Cruise

With just 400 Reward Points earned, you've scored a valuable discount off a future cruise. Play even more and you're on your way toward a free cruise. Plus you'll receive exclusive perks when you book your Instant Reward Certificate with NextCruise. See the Casino Host for more details.
8:00 am – late, Casino Royale, Deck 4

DAILY SNAPSHOT



Forecast Mostly Sunny

Temperature 80°F / 26 °C

Sunrise 6:23 am

Sunset 8:09 pm

Winds W 4 mph

Dress Code Tropical

YOUR HEALTH IS OUR PRIORITY

We're all in this together. Here are some things to keep in mind for the health and safety of everyone onboard.

Wash Up and Watch Out!

To best prevent illnesses, wash your hands with soap and warm water after bathroom breaks and before eating. Feeling ill? Norovirus symptoms include upset stomach, vomiting and diarrhea. Should you experience any of these symptoms, contact our Medical Staff by dialing 51.

GOOD TO KNOW

We are Here to Help!

If you have any additional housekeeping requests, please scan the QR code on the business card your Stateroom Attendant provided to you.

Hold that Thought

Reserving deck chairs is not allowed. Any unattended items will be collected and held at the towel stand.

Safety Onboard

For the safety of all guests and crew, there is no running, playing or climbing on stairs and railings anywhere on the ship. Thank you for your cooperation.

Assistive Listening System (ALS)

Guests may request and sign out Assistive Listening Systems (ALS) or Assistive Listening Devices (ALD) available at the Guest Services desk.

Personalized Services for Guests with Visual Disabilities

The Company provides personalized service to all guests with visual disabilities across the fleet, in compliance with the requirement of the Americans with Disabilities Act (ADA) and EU Regulation 1177/2010.



Smoking

All Royal Caribbean ships are non-smoking (including e-cigarettes) except for designated areas in the Casino (for active players only while playing) and the open decks 4 & 11 Port Side. Please be sure to properly dispose of cigarettes, cigars, and pipe tobacco.



TODAY'S TOP DEALS

Casino Redemption

Before the end of the cruise, redeem all of your casino chips, tokens or slot machine tickets. These items are not redeemable by mail, so be sure to visit the Cashiers Desk before you head home.
8:00 am – Late, Casino Royale, Deck 4

Take home the memories! 2 for \$30 T-shirt Sale

Grab a souvenir from your favorite cruise line and destination. With our 2 for \$30 on Royal Caribbean and destination T-shirts, it's easy to take home one for each port of call!
9:30 am – 12:30 pm, Royal Promenade, Deck 5

Seminar: Chinese Herbal Medicine

New to acupuncture? Now's your chance to learn everything about this extremely effective therapy, in a complimentary seminar hosted by our resident licensed acupuncturist.
10:00 am – 4:00 pm, Vitality Spa, Deck 12

Final Call Countdown

Enjoy up to 60% off on exclusive EFFY jewelry pieces. Join the in store raffle to win a one-of-a-kind EFFY prize.
10:30 am – 11:00 am, Regalia, Deck 5

Last Chance to Buy Photos

If you haven't had a chance to see all of your awesome cruise photos, now is the time to see. Today is the last opportunity to view and purchase your cruise photos.
5:00 pm – 11:00 pm, Focus Photo Galley, Deck 3

A Far East Feast

Enjoy an exotic Asian-inspired dining experience. Sashimi, sushi and more are all made-to-order with intense flavors, and the best ingredients at Izumi. Reservations suggested and walk-ins welcome. Izumi, Deck 4

Final Day For Your Onboard Offer

Now is the time to book. Receive exclusive benefits of up to \$600 in savings when you book your cruise onboard.
9:00 am – 10:00 pm, NextCruise, Deck 5



DAILY HIGHLIGHTS

IN THE SPOTLIGHT

GREASE: The Broadway Musical!

Slick back your hair and pack your poodle skirts. Summer Lovin' is in the air with our larger than life concert version of the hit Broadway musical, Grease. Including all of the famous songs from the 70s hit movie, alongside the original stage production songs. You'll hear the romantic twists and turns of Sandy and Danny, two summer loves who navigate the tricky social waters of Rydell High School while keeping their reputations and relationship together, so come and join in on the fun and get your singing voices on!

(This program contains material that parents may find unsuitable for younger children).

6:00 pm & 9:00 pm, Royal Theater, Decks 3 & 4

DAYTIME ADVENTURES

Captain's Corner

Join Captain Gus, Chief Engineer Vito, and Hotel Director Alastair for an informal question and answer period.
11:00 am – 11:45 am Viking Crown, Decks 14

World Sexiest Man Competition

Watch the men onboard strut their stuff at this competition, where each man will get a chance to show off and wow the crowd with their dancing. The winner who will have bragging rights for the rest of the cruise for being the World's Sexiest Man!
11:30 am – Noon, Poolside, Deck 11

Salute to Hero's

Today we salute Veterans, Police officers, Fire fighters, 911 operators and first responders, People that have kept us safe over the years.
1:00 pm – 1:20 pm Royal Promenade, Deck 5

Belly Flop Competition

Oh, the prestige. The glamour. Come and make a splash with your Cruise Director Dennis for this unique competition.
2:30 pm – 3:00 pm, Poolside, Deck 11

Let the Games Begin

Have fun with Royal Bingo and win cash prizes. Whether it's your first time or you're a pro, you won't want to miss this onboard favorite. There's always a winner!
3:15 pm – 4:15 pm, Cards on Sale, Star Lounge, Deck 5
4:15 pm – 5:00 pm, Games Begin, Star Lounge, Deck 5

EVENING THRILLS

Farewell Karaoke

Are you a night owl? Do you like to sing? Then this is the perfect event for you. Howl at the moon and entertain your fellow guests late night.
10:30 pm – 11:45 pm, Star Lounge, Deck 5

Battle of the Sexes

Who will dominate once and for all in a game of men vs women? Join your Activities Team this evening to see who will win the title!
9:45 pm – 10:30 pm, Star Lounge, Deck 5

Disco Inferno, 70's Party

Get out your leisure suits and platform shoes; the 70's are back! Get ready for this action packed party complete with exciting music, electric dancing and our crew in groovy costumes.
10:40 pm – 11:10 pm, Royal Promenade, Deck 5



DINING

HUNGRY NOW	DECK	TIME	PHONE
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- | | | | |
|---------------------------------|----|--------------------|--|
| • Café Promenade Coffee Station | 5 | Until 3:00 am | |
| • Café Promenade Snacks | 5 | 6:00 am – 3:00 am | |
| • Sorrento's Pizzeria | 5 | 11:30 am – 2:00 am | |
| • Sprinkles Ice Cream Station | 11 | 11:30 am – 8:00 pm | |

MAIN DINING	DECK	TIME	PHONE
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|-------------------------------|----------|--------------------|-----------|
| • Open Seating, Dining Room | 3 | 8:00 am – 9:30 am | Ext. 7000 |
| | 3 | 11:30 am – 1:00 pm | Ext. 7000 |
| • Main Seating, Dining Room | 3, 4 & 5 | 5:30 pm – 5:45 pm | Ext. 7000 |
| • My Time Dining (RP) | 3 | 6:45 pm – 9:00 pm | Ext. 7000 |
| • Second Seating, Dining Room | 4 & 5 | 8:00 pm – 8:15 pm | Ext. 7000 |
| • Windjammer Marketplace | 11 | 7:00 am – 11:00 am | |
| | | Noon – 3:00 pm | |
| | | 6:00 pm – 9:00 pm | |

Windjammer Burger of the Day: Sweet and Spicy Burger

Windjammer Theme Night: Flavors Across the Caribbean – The cuisine of the Caribbean is as vast as the cultures that make up these postcard-perfect islands. Tonight, we're celebrating this spectrum of flavors with an all-you-can eat dinner feast at the Windjammer, presenting caribbean beef pepper soup, jerk chicken, beef patties and more.

RESTAURANTS (\$)	DECK	TIME	PHONE
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|------------------------------|----|-------------------|-----------|
| • Chops Grille (\$) (RR) | 11 | Noon – 1:30 pm | Ext. 7000 |
| | | 5:30 pm – 9:30 pm | Ext. 7000 |
| • Giovanni's Table (\$) (RR) | 11 | Noon – 1:30 pm | Ext. 7000 |
| | | 5:30 pm – 9:30 pm | Ext. 7000 |
| • Izumi – Hibachi (\$) (RR) | 4 | Noon – 1:30 pm | Ext. 7000 |
| | | 5:30 pm – 9:30 pm | Ext. 7000 |
| • Johnny Rockets® (\$) | 12 | Noon – 10:30 pm | |

COFFEE & SNACKS	DECK	TIME	PHONE
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|---------------------------------|---|---------------------|-----------|
| • Ben & Jerry's® Ice Cream (\$) | 5 | 11:00 am – 11:00 pm | |
| • Room Service Available (\$) | | Until midnight | Ext. 7000 |
| • Sugar Beach (\$) | 5 | 9:30 am – 11:00 pm | |

BAR & LOUNGES	DECK	TIME	PHONE
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|---------------------------------------|----|---------------------|--|
| • Ale & Anchor Pub (\$) | 5 | 9:00 am – 1:00 am | |
| • Boleros (\$) | 4 | 11:00 am – 1:00 am | |
| • Café Promenade Bar (\$) | 5 | 6:30 am – 11:00 pm | |
| • Casino Bar (\$) | 4 | 9:00 am – Late | |
| • Champagne Bar (\$) | 5 | noon – midnight | |
| • Fish & Ships (\$) | 11 | 11:00 am – 6:00 pm | |
| Food Available | | 11:30 am – 6:00 pm | |
| • Olive or Twist Bar (\$) | 14 | 4:00 pm – Late | |
| • Playmakers Sports Bar & Arcade (\$) | 4 | 11:00 am – 1:00 am | |
| Food Available (\$) | | 11:00 am – Midnight | |
| • Plaza Bar (\$) | 11 | 7:00 am – 3:30 pm | |
| | | 6:00 pm – 10:30 pm | |
| • Pool Bar (\$) | 11 | 9:00 am – 10:00 pm | |
| • Solarium Bar (\$) | 11 | 9:00 am – 7:00 pm | |
| • Schooner Bar (\$) | 4 | 9:00 am – 1:00 am | |
| • Sky Lounge (\$) | 12 | 10:00 am – 8:00 pm | |
| • Vintages (\$) | 5 | 1:00 pm – Midnight | |

(RP) Reservations Preferred (RR) Reservations Required

DINING TIPS

- Fee applies (\$)
- Reservations are recommended for all dining venues. Please visit the app, stop by dining venues or dial 7000 for reservations (Dress codes may apply)
- Room service: A convenience fee of \$7.95 applies to all items listed in the all-day menu



INFO

SERVICE HOURS	DECK	TIME	PHONE
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|----------------------|-----------|--------------------|-------------|
| Art Gallery | 3 | 7:00 pm – 10:00 pm | Ext. 558787 |
| Casino Royale Slots | 4 | 8:00 am – Late | |
| Casino Royale Tables | 4 | 10:00 am – Late | |
| Focus Photo Gallery | 3 | 9:00 am – 10:00 pm | |
| Internet Assistance | 5 | 9:00 am – Noon | Ext. 1950 |
| | | 4:30 pm – 5:30 pm | |
| Loyalty Ambassador | 2 Forward | 9:00 am – Noon | |
| | | 4:00 pm – 7:00 pm | |
| Medical Facility | 1 Midship | 8:00 am – 11:00 am | Ext. 51 |
| | | 4:00 pm – 7:00 pm | |
| NextCruise Office | 5 | 9:00 am – 9:00 pm | Ext. 5252 |
| Port Shopping Desk | 5 | 6:00 pm – 8:00 pm | Ext. 2222 |
| Royal Shops | 5 | 9:30 am – 11:00 pm | |
| Shore Excursions | 5 | 9:00 am – 1:00 pm | Ext. 5678 |
| | | 5:00 pm – 6:00 pm | |
| Vitality Fitness | 11 | 6:00 am – 9:00 pm | |
| Vitality Spa | 12 | 8:00 am – 10:00 pm | Ext. 6982 |

POOL HOURS	DECK	TIME	PHONE
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|--------------------------------|----|--------------------|--|
| Main Pool Port Side | 11 | 9:00 am – 8:00 pm | |
| Main Pool Starboard Side | 11 | 7:00 am – 10:00 pm | |
| Pool Towel Station | 11 | 6:30 am – 10:00 pm | |
| Solarium (Adults only) | 11 | 8:00 am – 8:00 pm | |
| Splashaway Bay | 11 | 9:00 am – 5:00 pm | |
| The Perfect Storm Water Slides | 13 | 9:00 am – 6:00 pm | |

SPORTS HOURS	DECK	TIME	PHONE
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|------------------------------|----|---------------------|--|
| FlowRider® | | | |
| Self Assist Stand Up Surfing | 13 | 9:00 am – 10:00 am | |
| Advanced Stand Up Surfing | 13 | 10:00 am – 11:00 am | |
| | | 5:00 pm – 6:00 pm | |
| Boogie Boarding | 13 | 11:00 am – 5:00 pm | |
| Independence Dunes | 13 | 9:00 am – 8:00 pm | |
| Rock Climbing Wall | 13 | 9:30 am – noon | |
| | | 2:00 pm – 5:30 pm | |
| Sports Court | 13 | 8:30 am – 10:00 pm | |

(Sign-ups for the activities will close 15–30 minutes before closing time.)

Please bring your SeaPass card to all activities. Certain age, height, weight and clothing requirements may apply. Please check activity signage for more information.

For the safety and well-being of all persons onboard, some members of our security team will be wearing body cameras as part of their uniform.

DRINK OF THE DAY: Rum Runner

Run, don't walk to the nearest bar to enjoy today's drink of the day – the Rum Runner. No matter how you shake it or blend it, this popular tropical cocktail is full of fruit and rum flavor. Try it today and raise a glass to adventure. Order at any bar onboard. Only \$11.00. 18% Service Charge will be added.





DAILY PLANNER

DAY 4

Thursday, June 29, 2023
At Sea

GOOD TO KNOW

DECK	TIME
Ch 1	midnight – noon
	9:00 am – 3:00 pm
	1:00 am

THINGS TO DO

DECK	TIME
5	24 Hours
5	10:30 am – 11:00 am
4	11:00 am
5	Noon – 12:30 pm
5	12:30 pm – 3:00 pm
4	1:00 pm
5	1:00 pm – 1:20 pm
4	1:00 pm – Late
5	2:00 pm – 2:45 pm
4	2:00 pm – 2:45 pm
5	4:00 pm – 4:45 pm
3	5:00 pm – 11:00 pm
5	7:00 pm – 8:00 pm
3	8:00 pm – 9:00 pm
4	10:00 pm – 10:05 pm
5	10:30 pm – 11:30 pm

WELLNESS & RETAIL THERAPY

DECK	TIME
11	7:00 am – 7:30 am
11	7:45 am – 8:15 am
11	8:30 am – 9:15 am
11	9:30 am – 10:15 am
5	9:30 am – 12:00 pm
12	10:00 am – 11:00 am
12	10:00 am – Noon
5	10:00 am – 1:00 pm
5	10:00 am – 1:00 pm
5	10:30 am – 11:00 am
5	10:30 am – 9:00 pm
11	11:00 am – 11:45 am
12	Noon – 1:00 pm
11	1:00 pm – 2:00 pm
5	1:00 pm – 3:00 pm
5	1:00 pm – 3:00 pm
5	2:00 pm – 2:30 pm
11	2:00 pm – 3:00pm
5	2:00 pm – 4:00 pm
5	2:00 am – 5:00 pm
12	3:00 pm – 4:00 pm
5	3:00 pm – 9:30 pm
5	3:30 pm – 7:30 pm
11	4:00 pm – 4:45 pm
11	4:00 pm – 5:00 pm
12	4:30 pm – 5:30 pm
11	5:00 pm – 6:00 pm
5	5:00 pm – 7:00 pm
5	5:00 pm – 7:00 pm
5	5:00 pm – 7:00 pm
11	6:00 pm – 6:30 pm
5	6:00 pm – 7:00 pm
5	7:00 pm – 9:00 pm
5	7:30 pm – 8:00 pm
5	8:00 pm – 9:00 pm

ENTERTAINMENT

DECK	TIME
13	8:15 am – 8:45 am
13	8:30 am – 9:30 am
13	9:00 am – 9:45 am

12	9:00 am – Noon
12	9:00 am – 5:00 pm
4	9:30 am – 10:00 am
14	9:30 am – 10:00 am
13	9:30 am – 11:00 am
11	9:30 am – 11:12 am
4	10:00 am – 10:30 am
14	11:00 am – 11:45 am
13	11:00 am – 11:45 am
13	11:00 am – Noon
3	11:00 am – 1:50 pm
13	11:15 am – Noon
11	11:30 am – Noon
4	Noon – 12:30 pm
13	Noon – 1:00 pm
12	12:15 pm – 12:45 pm
5	1:00 pm – 1:20 pm
4	1:00 pm – 1:30 pm
13	1:00 pm – 1:45 pm
13	2:00 pm – 3:00 pm
12	2:00 pm – 5:00 pm
12	2:00 pm – 5:00 pm
12	2:00 pm – 6:00 pm
11	2:30 pm – 3:00 pm
13	3:00 pm – 3:45 pm
3	3:00 pm – 6:20 pm
5	3:15 pm – 4:15 pm
4	3:30 pm – 4:00 pm
13	3:30 pm – 4:15 pm
13	4:00 pm – 5:00 pm
5	4:15 pm – 5:00 pm
4	5:00 pm – 5:30 pm
13	5:00 pm – 6:00 pm
13	5:30 pm – 6:00 pm
13	5:30 pm – 6:00 pm
3, 4	6:00 pm – 7:30 pm
5	6:30 pm – 7:30 pm
12	7:00 pm – 10:00 pm
12	7:00 pm – 1:00 am
11	7:30 pm – 9:12 pm
5	7:45 pm – 8:30 pm
4	8:00 pm – 8:30 pm
13	8:00 pm – 9:00 pm
12	8:00 pm – 1:00 am
5	8:45 pm – 9:15 pm
3, 4	9:00 pm – 10:30 pm
14	9:00 pm – 9:45 pm
11	9:30 pm – 11:34 pm
5	9:30 pm – 10:15 pm
12	10:00 pm – 1:00 am
5	10:40 pm – 11:10 pm
5	10:30 pm – 11:45 pm

LIVE MUSIC

DECK	TIME
11	12:30 pm – 1:30 pm
11	1:45 pm – 2:30 pm
11	3:00 pm – 4:00 pm
5	4:45 pm – 5:30 pm
5	6:15 pm – 7:00 pm
4	8:15 pm – 9:00 pm
4	9:15 pm – 10:00pm
4	10:30pm – 11:15pm
4	11:30pm – 12:15am
5	7:30 pm – 8:45 pm
5	8:45 pm–10:00am*
5	11:15 pm–12:45am
4	8:30pm–10:00pm*
4	11:00pm–12:30am*
5	10:00 pm – 10:40 pm
14	11:00 pm – Late

* Entertainers will take periodic breaks. (\$) Fee Applies ** Weather Permitting



If you are experiencing any of the symptoms below, do not leave your stateroom and call the Medical Center immediately at extension 51 to make an appointment.

- Fever or chills
- Cough
- Shortness of breath
- Fatigue; Muscle or body aches
- Headache
- Loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea